

Attenborough Sailing Club Sailing Instructions 2021



1 RULES

- 1.1 All club sailing will be governed by the rules as defined in *The Racing Rules of Sailing*(RRS)2021-2024.
- 1.2 These sailing instructions, the club rules and any appropriate class rules will apply.
- 1.3 Under rule 86.1(b), in the definition of the Zone the distance is changed from three to two hull lengths (to cater for the restricted racing area on the lake).

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the notice board in the race control area

3 CHANGES TO SAILINGINSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted a minimum of 30 minutes before the start on the day it will take effect.

4 SIGNALS MADEASHORE

- 4.1 Signals made ashore will be displayed at the flagpole in front of the club house.

5 SCHEDULE OF RACES

- 5.1 The schedule of club races will be posted on the club website and posted in the clubhouse. This will identify whether the race is average lap or other racing. At least seven days' notice of any change will be posted on the club website.
- 5.2 The schedule of races for open meetings will be posted in the clubhouse.

6 RACE ENTRY AND ELIGIBILITY

- 6.1 The minimum number of entries for a race is two boats
- 6.2 For club races, entries are made on the appropriate race sheet. Competitors shall ensure that the class of boat, configuration and the names of the helm and crew are entered on the race sheet and one of them has signed the race sheet. Any competitor not complying with this procedure is liable to disqualification without a hearing. This adds to RRS63.1

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- 6.3 All competitors must wear adequate personal buoyancy at all times when afloat. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy. Inflatable type buoyancy aids will not be considered adequate unless fully inflated. Failure to comply will result in automatic disqualification. This alters RRS40.
- 6.4 All competitors must ensure that their boat has adequate built-in buoyancy and may be asked to demonstrate this at anytime.
- 6.5 Boats may use sails other than those meeting the appropriate class rules in normal club racing, providing prior permission is granted by the Sailing Committee. This means RRS 87 shall not apply and amends RRS86.
- 6.6 A helm may change boat during a series and still be counted as the same set of results if the boats are within the same class. If there is a change in PY rating, then this will be counted as a different class and a new entry in the series will be made.
- 6.7 In a race series, a helm may use different crews.
- 6.8 For two-handed boats, two people can share the helming in the series if they make this intention clear on the race sheet for their first race entered in the series.
- 6.9 A two handed boat sailed as single-handed and double-handed in a series will count as a separate entry.
- 6.10 Races are open to Members (including Temporary Members) but excluding Social Members of the Club. Guests who wish to race may do so provided they are signed in the guest register by a member of the club and that they comply with these Sailing Instructions. Guest results will be recorded in individual and series races but will not be eligible for any trophies/prizes awarded for individual events or race series.
- 6.11 The helm and any crew must ensure that they are competent to sail in the prevailing conditions.

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7 Class Flags

7.1 Class flags will be as below

Class	Flag	
Handicap	Number One Pendant Red Circle On White Background	
SecondClass	Number Two Pendant White Circle on Blue Background	

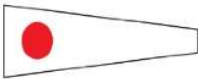




8 The Courses

8.1 The course and the hand for the rounding of marks will be displayed in the race control area or alternative location indicated by the OOD, at least 15 minutes before the start of the race

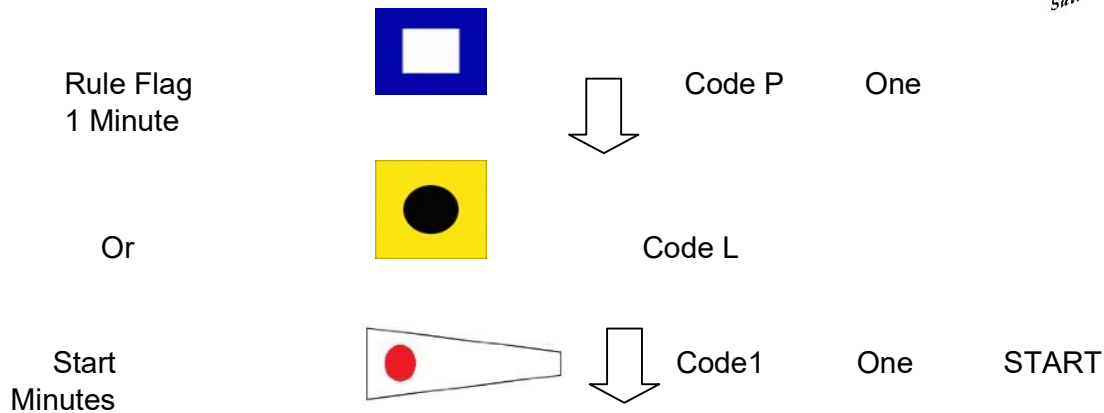
9 The Start

9.1 The OOD at their discretion may give one long sound signal to inform competitors that the next race will start in approximately 15 minutes

9.2 Races will be started by using Rule 26 with the warning signal made five minutes before the starting signal using the flags listed below. Times shall be taken from the visual signal, failure of the sound signal shall be disregarded:

.Sequence	Flag	Action	Sound Signal	Time
Fleet Warning	 Code 1		One	5 Minutes
Preparatory	 Code P		One	4 Minutes
Or			Code L	

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


- 9.3 The warning signal for each succeeding class shall be made with or after the starting signal of the preceding class.
- 9.4 For average lap racing; the starting line will be posted on the board at race control and be an imaginary line between a committee boat and a nominated mark, a point on the shore and a nominated buoy or between two nominated buoys, which maybe a temporary buoy or a permanent club course mark.
- 9.5 For other races; the start line will be between the flagpole and a nominated mark, which may be a temporary buoy or a permanent club course mark. An inner distance mark may be used.
- 9.6 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 9.7 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing.
- 9.8 Individual Recall. When, at a boat's starting signal, any part of her hull, crew or equipment is on the course side of the starting line , she must comply with Rule 30.1. The race committee shall raise flag X with one sound. The X flag shall be displayed until all such boats are completely on the pre-start side of the starting line or one of its extensions and have complied with rule 30.1 if it applies, but no later than four minutes after the starting signal or one minute before any later starting signal, whichever is earlier. The race committee will attempt to indicate which boats have started early, but the responsibility for starting correctly lies with the helm.

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


9.8.1 Individual Recall Sequence

Sequence Time	Flag	Action	Desc	Sound Signal
Recall			Code X	One
Return to Pre Start			Code X	None

9.9 General Recall. When at the starting signal the race committee is unable to identify boats that are on the course side of the starting line the race committee may signal a general recall (display the First Substitute with two sounds). The warning signal for a new start for the recalled class shall be made one minute after the First Substitute is removed (one sound), and the starts for any succeeding classes shall follow the new start.

9.9.1 General Recall Sequence

Recall			1 st Substitute	Two
End of Recall			1 st Substitute	One

10 THE FINISH

10.1 For average lap racing:

The finishing line will be the same as the start line. Shortly before the finish, flag S will be displayed with two sound signals. This is the 'About to Finish' (ATF) signal and is made when the boat "about to finish" is on the last leg of the course. The signal is made AFTER the boat rounds the last mark, not before. All boats will finish the race when they next pass through the finish line.

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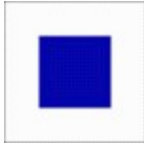

10.2 For other races:

The finishing line will be between the flagpole and a nominated mark, which maybe a temporary buoy or a permanent club course mark. An inner distance mark may be used. If the format is a pursuit race, when the horn sounds to signal the published race duration has elapsed, all racers must maintain their position until advised by the OOD.

OR

The finishing line will be between the windward mark and the committee boat.

Flag S has its conventional meaning (shorten course).

Sequence	Flag	Action	Desc	Sound Signal
A.T.F.			Code S	Two

10.3 A boat that retires from a race shall notify the OOD as soon as possible.

10.4 Helms are not required to sign-off after club races.

11 Time Limits and Target times

11.1 Target times will be published in the sailing programme

11.2 The time limit for a race is the target time for that race plus 30 minutes. Boats failing to finish within the time limit will be scored "Did Not Finish" without a hearing. This alters RRS 35 and Appendices A4.1 and A4.2.

12 PROTESTS AND REQUESTS FOR REDRESS

12.1 Protest forms are available in the clubhouse. Protests and requests for redress or reopening shall be delivered there within 30 minutes of the protesting helm reaching the shore.

12.2 A Protest may in the Formal or in the form of an Advisory and Arbitration Hearing; Exoneration Penalty.

12.3 The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedure will be available. For these purposes, if an Exoneration Penalty of 20% shall apply, the final position of a penalized

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boat shall be no worse than if she had retired. At an informal hearing, rules 61.2, 63.5, 63.6 RRS shall not apply.

- 12.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in a suitable location as notified by the OOD.

13 HANDICAP SYSTEM

- 13.1 Each boat sailing in a club handicap event will compete under the latest available value of the Portsmouth Yardstick (PY) Number published by the RYA unless the Sailing Committee, chaired by the Rear Commodore Sailing, have allocated a modified number
- 13.2 Some club races are run under a personal or ASC handicap system where the PY for each entrant in a particular boat is determined by the Rear Commodore Sailing and the Sailing Committee. Such handicaps will be posted on the clubs website 24 hours before the start of any race using personal or ASC handicaps.

14 SCORING

- 14.1 The low point scoring system as detailed in Appendix A4.1 of the Racing Rules of Sailing 2021 - 2024 will be used.
- 14.2 In Average Lap Racing no boat of the same class or boat with a higher PY number shall be beaten by a boat with a lower PY number that has completed fewer laps. That boat or boats shall have their average lap time increase to 1 second more than the boat completing more laps.
- 14.3 Series points will be awarded to the helm not the boat. Where a helm sails a separate class, except as allowed in these sailing instructions, series points will not be combined.
- 14.4 If there is a series-score tie between two or more boats, Appendix A8 will apply.
- 14.5 The number of races in each series shall be published in the club handbook at the beginning of each season. Apart from the Autumn Cup the number of races to count in any club series is as follows.

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No of Races	Races to Count
10	6
9	5
8	5
7	4
6	4
5	3
4	3
3	2
2	2

- 14.6 For series with more than ten races are sailed then sixty per cent of races will count rounded to nearest whole number.
- 14.7 A competitor in a series who has undertaken one or more race duties during that series will be given average points for that race; the average will be based on the average of non-discarded points. It is likely to harm your series score if you do more than one duty in a series.

15 SAFETY REGULATIONS

- 15.1 Any crew member not wearing a wet or dry suit must retire immediately if they fall in the water in the period December to March inclusive.

16 EQUIPMENT AND MEASUREMENT CHECKS

- 16.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

17 DISCLAIMER OF LIABILITY

- 17.1 Competitors participate in club racing entirely at their own risk. The club will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during, or after the race.

18 INSURANCE

- 18.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.

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19 Prohibited Actions

- 19.1 Rule 42.2:
Repeated body or equipment movements in order to gain an advantage over other competitors may result in a disqualification from that race without a hearing. This decision will be taken at the discretion and agreement between the Race Management Team (RMT). Repeat offences across a series may result in disqualification from that series. The RMT should consist of AT least OOD1 plus a member of the Sailing Committee.

20 On the water collisions

- 20.1 If during a race, two or more boats collide then action must be taken. This can be any one of the following:
- 20.1.1 By agreement of a rule being broken and a subsequent penalty being taken immediately after the collision took place by the competitor
 - 20.1.2 By requesting that an advisory hearing takes place as defined in ASC Sailing Instructions 2021 section 12 following the race finish
 - 20.1.3 If during a race a competitor witnesses a collision between boats, they must advise the race officer of the competitor(s) involved, if penalty actions have not been taken and a hearing not requested. The helms may then be disqualified from that race, without a hearing.

21 Misconduct

- 21.1 A competitor or support person shall not commit an act of misconduct.
- 21.2 Misconduct is: a breach of good manners, a breach of good sportsmanship, unethical behavior; or conduct that may bring the sport into disrepute.
- 21.3 World Sailing - Racing Rules of Sailing 2021-2024 Rule 69 will be applied.
- 21.4 If the competitor has been found to have broken rule 69.1a. That competitor will be excluded from further racing for that year.