



RYA Training Centre
Attenborough Sailing Club



RYA Level 1 & 2, Start Sailing and Basic Skills courses

Summer 2016

This two-weekend dinghy sailing course leads to a Level 1 or Level 2 RYA Dinghy certificate. By the end of the course participants will have had a short introduction to dinghy sailing, including basic boat handling techniques and essential background knowledge. Successful participants will be safety conscious and capable of sailing a dinghy without an instructor on board in light winds.

Cost:

£160, £145 for club members, includes RYA logbook and certificate.

Course Timetable:

Friday evening (ashore)	24 th June	7:00pm - 10:00pm
Saturday	25 th June	9:00am - 6:00pm
Sunday	26 th June	9:00am - 1:00pm
Friday evening (ashore)	1 st July	7:00pm - 10:00pm
Saturday	2 nd July	9:00am - 6:00pm
Sunday	3 rd July	9:00am - 1:00pm

You will need; two changes of warm clothes, a towel, waterproofs, trainers, pen and notebook, plus packed lunches on Saturdays.

Booking:

If you wish to enrol on the course, please complete the form and return, with the course fee to: Keith Brereton, 44 Parkside Avenue, Long Eaton, Nottingham NG10 4AN. Cheques should be made payable to: "Attenborough Sailing Club". **Applications cannot be accepted without payment in full.**

Family Name: _____ First Name: _____

Address: _____

Telephone No(s): _____ e-mail: _____

Any previous sailing experience? _____

Are you a member of the sailing club? _____ Can you swim? _____

Any known medical problems, which may be relevant? (e.g. heart complaint, asthma, allergies)

Person to contact in case of emergency & tel. no. _____

Please note: RYA Instructors, Senior Instructors and Safety Boat crew involved with this training do not accept responsibility for any loss, damage or injury suffered by persons and/or their property arising out of or during the course of their activities whilst training and/or coaching and/or instructing unless such injury loss or damage was caused by, or resulted from negligence or deliberate act. We also take photos for club publicity; if you object to this please let us know.