



RYA Training Centre
Attenborough Sailing Club
RYA Level 1 & 2 and Junior stage 1 & 2 course
Spring Course

This two-weekend dinghy sailing course leads to a level 1 or Level 2 RYA Dinghy certificate or a stage certificate in the RYA youth scheme. By the end of the course participants will have had a short introduction to dinghy sailing, including basic boat handling techniques and essential background knowledge. Successful participants will be safety conscious and capable of sailing a dinghy without an instructor on board in light winds.

Cost:

Level 1 & 2 course £150.00, members £135 which includes RYA logbook and certificate
Youth scheme course £75, members £70

Course dates:

| | | |
|-------------------------|------------------------|------------------|
| Friday evening (ashore) | 30 th April | 7:00pm – 9:30pm |
| Saturday | 1st May | 9:00am – 5:30pm |
| Sunday | 2nd May | 9:15am – 12:30pm |
| Friday evening (ashore) | 7 th May | 7:00pm – 9:30pm |
| Saturday | 8 th May | 9:00am – 5:30pm |
| Sunday | 9 th May | 9:15am – 12:30pm |

You will need; two changes of warm clothes, a towel, waterproofs, trainers, pen and notebook, plus packed lunches on Saturdays.

Booking:

If you wish to enrol on the course, please complete the form and return, with the appropriate course fee to: Roger Day, 9 Buckingham Road, Sandiacre, Nottingham NG10 5PP. Cheques should be made payable to: "Attenborough Sailing Club"

NB: Applications cannot be accepted without payment in full.



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I am applying for a place on the Level 1 & 2 course/Youth scheme course (please cross through as appropriate)

Family Name: _____ First Name: _____

Address: _____

Telephone No(s): _____ e-mail: _____

Previous sailing experience: _____

Are you a member of the sailing club? _____ Can you swim: _____

Known medical problems, which may be relevant (e.g. heart complaint, asthma, allergies):

Person to contact in case of emergency (inc.tel. no.) _____

Signature of parent/guardian for all juniors _____

Age of a junior participant (must be over 8 years old at the time of the course) _____

Please note: RYA Instructors, Senior Instructors and Safety Boat crew involved with this training do not accept responsibility for any loss, damage or injury suffered by persons and/or their property arising out of or during the course of their activities whilst training and/or coaching and/or instructing unless such injury loss or damage was caused by, or resulted from negligence or deliberate act. We also take photos for club publicity, if you object to this please let us know.